Kiwanis Park Wave Pool

Come splash and play in Kiwanis' indoor, heated wave pool. Rent a tube and float the waves; enjoy an icy soda and hot pizza at Kiwani Island Concession Stand. There are a few safety rules for your visit; children under age eight must have an adult with them at all times, no water wings or other floatation devices permitted; the minimum height to use the water slide is 48".

Wave Pool Hours

March 10-April 14; Saturday 1-5 p.m.

Wave Pool Hours

April 21-May 27; Saturday & Sunday 1-5 p.m.

Special Holiday Wave Pool Hours

March 15-17; Spring Break 1-5 p.m. May 28; Memorial Day 1-5 p.m.

Wave Pool Fees

General Admission (13 yrs+) \$7 Youth Admission (2-12 yrs) \$5

Mid-Day Wave Hours & Rates

3-5 p.m. (During Wave Days, Only)

General Admission (13 yrs+) \$5 Youth Admission (2-12 yrs) \$4

*No other discounts may be used with this discount.

Lap Swimming Hours*

Effective March 5-May 26

Monday - Thursday 7-10 a.m.* Friday 7-8:30 a.m.*

Monday - Thursday 11:30 a.m.-1:30 p.m.**
Monday - Thursday 4:30-8 p.m.*
Saturday 8-11 a.m.*

*Except during private rentals

**No mid-day Lap Swim March 15, and beginning May 7 until August.

Lap Swim Admission Fees

General (13 yrs+) \$4 Youth (2-12 yrs) \$3

Private/Semi-Private/Small Group Swim Lessons

Private, Semi-Private and Small Group Swim Lessons are available through the Kiwanis Recreation Center. For additional information, call 480-350-5732.

Rates Per Class Meeting	1/2-Hr	3/4-Hr	1-Hr
Private (One Individual)	\$20	\$25	\$30
Semi-Private (Two Individuals)	\$25	\$30	\$35

Swimming Pool Activities

Swim Lesson General Information

The City of Tempe Community Services Department provides a progressive swim lesson program for students who wish to learn or improve their swimming skills. This program is based upon the American Red Cross Learn-To-Swim Program. If you have concerns regarding your child's progress or ability level, please discuss them with the instructor or pool manager.

Fees for each class must be paid at the time of registration.

A student may register for a maximum of one (1) Learn-To-Swim class using any of the registration procedures below. A student may also register for special classes in addition to a swimming class.

Students may register for additional Learn-To-Swim classes after they have completed a class. At the end of the seventh lesson, each student will be provided with a skill progress sheet for the class in which he/she is currently participating and information on the next appropriate class.

Students will only be permitted to register for the next level of class by providing their skill progress sheet with their registration form.

All pre-registration activities are subject to cancellation three (3) days prior to the start date if minimum registration is not met.

Swim Lesson Program Class Descriptions

Parent-Assisted Lessons

30-Minute Classes

Star-Babies (8-12 Mos)

Designed to be an infant's first introduction to water adjustment with an emphasis on parent participation and education, as well as safety skills and fun. One child per adult.

Star-Infant (12-24 Mos)

Designed with an emphasis on parent participation, safety skills, comfort and fun. One child per adult.

Star-Tot (24-36 Mos)

For the older tots to continue water adjustment, swim-readiness skills and safety skills. One child per adult.

Star-Shrimps (2-4 Yrs)

For preschool children who are not ready for an independent swim program, or for the child who has mastered the parent-tot class and is ready to learn more swim skills. One child per adult.

Preschool-Age Lessons (Suggested Age 3-5 Yrs)

30-Minute Classes

Sea Horse Swim School

Sea Horse White

For children ready to participate in an aquatics class on their own. Emphasis is on basic water adjustment, breath-holding and floating.

Sea Horse Red

Prerequisite Skills: Blow bubbles, fully submerge unassisted; front and back float with support.

Sea Horse Yellow

Prerequisite Skills: Jump into four (4) feet of water; float for five (5) seconds, back and front.

Sea Horse Blue

Prerequisite Skills: Jump in and swim 10 feet, return; back glide 10 feet.

Sea Horse Green

Prerequisite Skills: Tread water 15 seconds, swim 20 feet with side-breathing; backstroke with kick, 20 feet.

Sea Horse Stroke School

Prerequisite Skills: Jump in, swim 25 yards freestyle and return with rhythmic-breathing; 25 yards backstroke.

School Age Lessons (Suggested Age 6 Yrs+)

30-Minute Classes

Starfish Swim School

White/Red

Prerequisite Skills: For the child with little or no formal instruction in aquatics. Class emphasis is on water adjustment skills, bubbles and breath control, submerging, front and back float with flutter kick.

Yellow

Prerequisite Skills: Jump into four (4) feet of water; float for five (5) seconds, back and front.

Aquatics

Blue

Prerequisite Skills: Jump in and swim 10 feet, return; back glide 10 feet.

Green

Prerequisite Skills: Tread water 15 seconds, swim 20 feet with side-breathing; backstroke with kick, 20 feet.

Starfish Stroke School

White/Red

Prerequisite Skills: Jump in, swim 25 yards freestyle and return with rhythmic-breathing; 25 yards backstroke.

Vellow

Prerequisite Skills: Freestyle and backstroke 50 yards; butterfly kick 10 yards.

Blue

Prerequisite Skills: Freestyle and backstroke 75 yards; butterfly 10 yards; breaststroke kick 10 yards.

Green

Prerequisite Skills: Swim 100 yards freestyle and backstroke; 25 yards butterfly; 25 yards breaststroke.

Specialty Lessons 30-Minute Classes

Adult Beginner

Prerequisite: 15 yrs+. Class is designed for adults who wish to learn to how to swim and will be geared towards meeting the needs of individuals. Emphasis is on adapting to the water and introduction to the front crawl, back float and safety skills.

Adult Intermediate

Prerequisite: 15 yrs+. Class is designed for adults who have mastered beginner skills and can swim 25 yards using a front crawl.

Adult Stroke Improvement

Prerequisite: 15 yrs+. Class is designed to improve-upon and refine current skills rather than teach strokes.

Fitness Classes One-Hour

Water Fitness (Aerobics)

A fitness class incorporating warm-ups, 25-40 minutes of aerobic exercise, a cool-down period and exercises to tone and strengthen muscles. No swimming ability required.

Deep Water Fitness (Aerobics)

A water fitness class using deep water as its medium. Participants should be comfortable in deep water. The class will use some flotation devices to exercise.

Kiwanis Pool Water Aerobics Schedule

Class Title	Day	Time
	3/5-5/26	
Deep Water	M/W	6:40 p.m.
Water Fitness	M-Th	8:50 a.m.*
	M/W	5:30 p.m.
	T/Th	6:40 p.m.
	Sa	9 a.m.
*Beginning May 7, the 8:50 a.m	. class will meet at 8	a.m.

Program Card Fees - Water Fitness

4 Workouts: \$16 6 Workouts: \$24 8 Workouts: \$32

Kiwanis Pool Evening Swim Lesson Schedule - 480-350-5201

Monday/Wednesday Classes Classes meet twice a week for four weeks. Fees for Swim Classes: \$46				
Class Title	Time	Session I	Session II	
		3/19-4/11	4/16-5/9	
Parent Assisted C	lasses			
Star Infants	5:35 p.m.	29309	29310	
StarTot	6:10 p.m.	29320	29321	
Shrimps	5 p.m.	29314	29315	
Preschool Sea Ho	rse Swim	School (Age	es 3-5 Yrs)	
Sea Horse White	5 p.m. 5:35 p.m.	29284 29286	29285 29287	
Sea Horse Red	5 p.m. 6:10 p.m. 6:45 p.m.	29266 29268 29270	29267 29269 29271	
Sea Horse Yellow	5:35 p.m.	29300	29301	
Sea Horse Blue	6:10 p.m.	29255	9256	
Sea Horse Green	5:35 p.m.	29261	29262	
Starfish Swim Sch	ool (Ages	6 Yrs+)		
Starfish White/Red	5 p.m.	29365	29366	
Starfish Yellow	6:10 p.m.	29371	29372	
Starfish Blue	5 p.m. 6:45 p.m.	29352 29354	29353 29355	
Starfish Green	6:45 p.m.	29360	29361	
Starfish Stroke Sc	hool (Age	es 6 Yrs+)		
Starfish Stroke White/Red	6:10 p.m.	29336	29337	
Starfish Stroke Yellow	5:35 p.m.	29348	29349	
Starfish Stroke Blue	6:45 p.m.	29326	29327	
Starfish Stroke Green	6:45 p.m.	29331	29332	
Adult Lessons				
Adult Beginner	7:20 p.m.	29251	29252	
Adult Intermediate	7:20 p.m.	29247	29248	
Adult Stroke Improvement	7:20 p.m.	29249	29250	

Tuesday/Thursday Classes Classes meet twice a week for four weeks. Fees for Swim Classes: \$46				
Class Title Time Session I Session II				
		3/20-4/12	4/17-5/10	

Aquatics

Parent-Assisted Classes				
Star Babies	5:35 p.m.	29306	29307	
Star Infants	5 p.m.	29311	29312	
Star Tot	6:10 p.m.	29322	29323	
Shrimps	5:35 p.m.	29316	29317	
Preschool Sea Hor	se Swim S	School (Ag	es 3-5 Yrs)	
Sea Horse White	5 p.m. 5:35 p.m. 6:45 p.m.	29290 29292 29288	29291 29293 29289	
Sea Horse Red	5 p.m. 5:35 p.m. 6:45 p.m.	29274 29276 29272	29275 29277 29273	
Sea Horse Yellow	6:10 p.m. 6:45 p.m.	29302 29298	29303 29299	
Sea Horse Blue	6:10 p.m.	29257	29258	
Sea Horse Green	5 p.m.	29263	29264	
Starfish Swim Sch	ool (Ages	6 Yrs+)		
Starfish White/Red	6:10 p.m.	29368	29369	
Starfish Yellow	6:10 p.m.	29375	29376	
Starfish Blue	5 p.m.	29356	29357	
Starfish Green	5 p.m.	29362	29363	
Starfish Stroke Sci	hool (Age	s 6 Yrs+)		
Starfish Stroke White/Red	5:35 p.m. 6:45 p.m.	29338 29340	29339 29341	
Starfish Stroke Yellow	5:35 p.m. 6:10 p.m.	29344 29350	29345 29351	
Starfish Stroke Blue	6:45 p.m.	29328	29329	
Starfish Stroke Green	6:45 p.m.	29333	29334	
Adult Lessons				
Adult Beginner	7:20 p.m.	29253	29254	

Classes m	aturday Classes eet once a week for six s for Swim Classes: \$35	
Class Title	Time	Session I
	3/24-4/28	
Parent-Assisted C	Classes	
Star Babies	9:35 a.m.	29308
Star Infants	9 a.m.	29313
Star Tot	10:10 a.m. 10:45 a.m.	29324 29325
Shrimps	9:35 a.m. 10:45 a.m.	29318 29319
Preschool Sea Ho	rse Swim School	(Ages 3-5 Yrs)
Sea Horse White	9 a.m. 9:35 a.m. 10:10 a.m. 10:45 a.m.	29294 29297 29295 29296

Sea Horse Red	9 a.m. 9:35 a.m. 10:10 a.m. 10:45 a.m.	29278 29279 29281 29280		
Sea Horse Yellow	9:35 a.m. 10:10 a.m.	29304 29305		
Sea Horse Blue	10:10 a.m. 10:45 a.m.	29259 29260		
Sea Horse Green	9 a.m.	29265		
Starfish Swim School (Ages 6 Yrs+)			
Starfish White/Red	9 a.m. 10:10 a.m.	29367 29370		
Starfish Yellow	9 a.m. 9:35 a.m.	29373 29374		
Starfish Blue	10:10 a.m. 10:45 a.m.	29358 29359		
Starfish Green	10:10 a.m.	29364		
Starfish Stroke School (Ages 6 Yrs+)				
White/Red	9 a.m. 10:45 a.m.	29342 29343		
Starfish Stroke Yellow	9:35 a.m. 10:45 a.m.	29346 29347		
Starfish Stroke Blue	9:35 a.m.	29330		
Starfish Stroke Green	9 a.m.	29335		

Special Interest Aquatic Classes

Lifeguard Training

A certification course for individuals who are interested in lifeguarding. The course will include First Aid and CPR, as well as the lifeguard training. Must be 15 years of age and able to perform the swimming skills necessary to complete the course requirements. Fee: \$130. 480-350-5714

Class Dates: 27763	2/18- Th F Sa	3/11 3/8-3/11 2/24-3/9 2/18-3/3	6-9:30 p.m. 6-9:30 p.m. 8 a.m5 p.m.	KRC KRC KRC
Class Dates: 27764	3/12- M-F	3/16 3/12-3/16	8 a.m5 p.m.	KRC
Class Dates: 27765	3/22- Th F Sa	- 4/7 3/22-4/5 3/23-3/30 3/24-3/31	6-10 p.m. 6-10 p.m. 8 a.m5 p.m.	KRC KRC KRC

Swim Lesson Instructor

This is a certification course for individuals wishing to become water safety instructors. Prerequisites: 16 years of age or older and demonstrated ability to perform skills appropriate for the class. Fee: \$130. 480-350-5714

Class Dates:	4/14	-4/28		
27766	Ŵ F Sa	4/18-4/25 4/20-4/27 4/14-4/28	6:30-10 p.m. 6:30-10 p.m. 8 a.m5 p.m.	KRC KRC KRC